

2009 Workshops

South Leisure Centre 170 Sunset Dr

(306)543-9762 or e-mail

thornrose@accesscomm.ca

www.ascherarose.com

Burlesque Movement

Learn the foundation movements for Burlesque and what it is all about. Some dance experience is required.

Mar 14th 2-5pm

\$45 pre-registration required.

Burlesque & Belly Dance Solo Series

Learn the elements of becoming a successful soloist with this class that combines the theory and practical exercises which teach what every performer needs to know in order to choreograph, style and stage a piece & learn about makeup, costuming, theatre & lighting basics. The student will have an opportunity to perform June 27th.

May 2nd, May 9th, May 23rd, May 30th
2-5pm

\$120 Pre-registration required



Hula Hoop Making

Sunday March 22nd

from 1-3pm \$35 includes all your supplies. Pre-registration required.

Poi Spinning & Fire Dancing



With Victoria Morris

May 31st (afternoon & evening)

Supper is included. Location TBA

This is geared for the intermediate to advanced spinner. Go beyond the basics & learn more advanced weaves, butterflies & combinations.

\$95 Pre-registration required

Belly Dance Teachers Training

June 5th, 6th and 7th

COST: \$325 (includes materials)

This course will give you everything you need to teach Belly Dance steps safely and effectively in the classroom. Please contact Aschera Rose for more details and a brochure.



Jim Boz

"Shut Up & Shimmy Workshop Tour!"

Oct 17th & 18th

www.jimboz.com/

www.ascherarose.com for details!

Your rights under the Consumer Protection Act You may cancel this contract for Aschera Rose Dance classes or Workshops organized by Aschera Rose Dance during the period that ends within seven (7) business days after the later of the day you receive a written copy of the contract and the day all services are available. You do not need to give Aschera Rose Dance a reason for canceling during this period. In addition, there are other grounds that allow you to cancel this contract. You may also have other rights, duties and remedies at law. For more information, you may contact the Consumer Protection Branch, Saskatchewan Justice. To cancel this contract, you must give notice of cancellation in writing to Beve Gardner at 17 Halleran Cres., Regina, SK S4R 3Z3, by personal service, by registered mail or by any other means set out in the contract. If you cancel this contract, the supplier has fifteen (15) days to refund any payment you have made.

Registration Form 2009

17 Halleran Cres, Regina, SK S4R 3Z3.

Cheque to Beve Gardner or PayPal

thornrose@accesscomm.ca

NAME _____

ADDRESS _____

CITY _____ PROV _____

P-CODE _____ PHONE _____

E-MAIL _____

Fall Workshop _____

Payment _____ Date _____

**City of Regina
Workshops**
Call 777-play to register
Regina Fieldhouse

Hoop It Up (Intro)
#77571 Sun, Jan 18 11:30-1:30pm
T#1 \$12.60

Hoop It Up! (Intermediate)

Sun, March 15 11:30-1:30

You've got the basics down & want to learn some of the harder tricks. Come out & learn the many ways to move your hula hoop from on body movements to off body moves, floor work & hooping with alternative body parts.

Poi (Intermediate)

May 3 1-3pm

For continuing spinners. Go beyond the basics & learn more advanced weaves, butterflies & combinations. This is a fun showy way to get your back, arms & shoulders into shape. The more adventurous will want to move on to spinning with fire.

North West Leisure

Hoop It Up (Intro)

Sun Feb 22, 1-3 pm \$12:60 13& Up

Poi (Intro)

Sun April 5, 10:30-12:30 pm



**Super Blow
Out Sale!**

Sunday March 1st
17 Halleran Cres
1-4pm

Hip Scarves, Veils,
Canes, Music, Zills,
Workout & Dance
Gear

**MARDI GRAS
HAFLA**

Contact us early to get a
performance spot!
Performers get in for
free!



The Exchange MARCH 7th 2009 2431
8th Ave Doors Open 7:00pm Show 7:30pm
Adults \$15/advance \$20/door Children
under 12 \$7/advance \$10/door Food,
Music & Dancing! Prizes Galore! 781-7245
zarifahbellydance@yahoo.com



**Shimmy &
Sizzle 2009
June 27th
A Belly Dance
& Burlesque
Show**

Doors Open 7:00pm Show 7:30pm Adults
\$20/advance \$25/door Children under 12
\$7/advance \$10/door At the U of R
Riddel Theatre There is a limited space
for soloists and outside groups. Get your
request in early.

**ASCHERA
ROSE DANCE
Workshops &
Upcoming
Events 2009**



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